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[Clinical Trial](#) [J Complement Integr Med.](#) 2013;10(Suppl):S5-12, S5-13.

doi: 10.1515/jcim-2013-0037.

The effects of the "physical BEMER® vascular therapy", a method for the physical stimulation of the vasomotion of precapillary microvessels in case of impaired microcirculation, on sleep, pain and quality of life of patients with different clinical pictures on the basis of three scientifically validated scales

[Article in English, German]

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PMID: 23940071 DOI: [10.1515/jcim-2013-0037](#)

Abstract

As part of the statutory market monitoring of certified medical devices, 658 valid patient questionnaires were evaluated between April 2011 and March 2013. The questions consisted mainly of three scientifically recognized scales for assessing the changes of sleep, pain and quality of life in patients who had used the "physical BEMER® vascular therapy" for different diseases over 6 weeks. The result clearly shows that there are significant improvements in all areas surveyed through the application of this complementary treatment option, regardless of the underlying disease.

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